



Find your
true *Beauty*

“Introduction...”

By Shelley Hitz

HI, I'm Shelly Hitz the author of the website: FindYourTrueBeauty.com, and I want to welcome you here today! To start off I want to ask you a question. Do you like to go shopping? I know I do. Now imagine that your favorite store is having a 99% off sale. Not only that, but that it's at 2:30 in the morning. Would you set your alarm to go? I know I would. Now what if all of your friends knew about the sale, all of them went. They set their alarms, and they got a ton of stuff. But what if they never told you? You were in bed sleeping while this sale was going on! How would you feel? Would you feel a little bit disappointed? Maybe a little bit upset, maybe even a little bit angry? 'Why didn't they tell me?!' 'Why did they keep this to themselves?!

Well girls, I want to tell you that I feel like I have found a 99% off sale. The things that God has done in my heart and in my life in these past few years have been literally amazing. The brokenness that I was in, the despair, just the emotions and the place that I was at. God has brought so much healing and hope and has brought restoration to my life. I feel like at this point I can't not tell you about it. Because it's just like that 99% off sale, someday you may think, 'Shelly, why didn't you tell me?!' So here I am. I'm sharing my heart, I'm vulnerable, I'm real, I'm honest. You'll see that in my articles, and my videos, and my audio. I don't hold anything back, because I want to help you. I want to help you on this journey to finding your true beauty in God. In a world that idolizes outer beauty, girls, it's time to take a stand for true beauty.

And the first step that I want you to take towards true beauty is to sign up for my newsletter. I send it out once a month, and it has lots of great stuff in it to help you. But when you sign up for my newsletter today, you are going to get a free copy of my book "Mirror, Mirror am I beautiful". And so sign up now, before you leave. You can join us in conversations, there's tons of places on this site to leave your comments, to leave your stories. I would love to hear from you. Watch the videos, listen to the audios, and interact. Don't forget to click on the free downloads page either; there's a ton of great stuff there. But girls, more than anything, I am here to help you. So get in touch with us, let us know what we can do to help you. I'm Shelly Hitz from: FindYourTrueBeauty.com.



Shelley Hitz is an ordinary person, just like you, with struggles and trials. And yet, God is doing extra-ordinary things through this "jar of clay." 2 Cor 4:7 says, *"We have this treasure in jars of clay to show that this all surpassing power is from God and not from us."*

Her heart is to help teen girls and women through her website, www.FindYourTrueBeauty.com, that reaches thousands of people each month around the world with God's truth. She is also the author of the book, "Mirror Mirror...Am I Beautiful" and has co-authored a book with her husband CJ, "The Mathematics of Jesus, Making Sense of Life When Life Doesn't Seem to Add Up." Shelley's openness and vulnerability as she shares her own story of hope and healing will inspire and encourage you.

Published by www.FindYourTrueBeauty.com, P.O. Box 1757 Findlay, Ohio 45839