



## **“Feeling Blind”**

*By Shelley Hitz*

Welcome to the Find Your True Beauty Podcast! Girls, it's time to take a stand for true beauty. In a world that idolizes outer beauty, let's come together and learn to display our true beauty. I'm Shelly Hitz the author of the website: [FindYourTrueBeauty.com](http://FindYourTrueBeauty.com), and today I want to talk to you about being blind.

You see, I live in Ohio and it's wintertime here right now. So the other day I was leaving work, and it had snowed, and a combination of ice and snow on my truck. And so I was taking off the snow and scraping some of the ice, and I noticed my side view mirror on the passenger side, had ice on it. And it was really hard to see out of. So I scraped that because I knew that when I got on the highway, I was going to need to use that mirror.

Well, I got in my truck and went on my way. But as I was getting on the highway from the ramp all of a sudden it hit me, I looked in my driver's side mirror and it was covered with ice. I could not see anything, and our truck has a cap on it so turned around to look if cars were coming I could not hardly see. I felt blind. And I was just trying to look and see and finally I just kind of had to go. And hope that if someone was in my way that they would move over to the other lane. And thankfully I was able to get onto the highway safely and when I got to my next destination I scraped that side mirror. But that made me think about what it feels like to be blind. When you're blind you can really have that since of fear, you don't know what's coming. You don't know if you're going to get hurt, you don't know if something's going to trip you up or if, in my instance, I could have ran into a big truck, a car, had an accident, been injured, who knows what could have happened. You better believe that I'm going to make sure that both side mirrors are scraped every time from now on.

But the Bible talks a lot about blindness, and I think about it even as being spiritually blind. But Jesus, when he first came on to the scene, when he first began his ministry in Luke 4:17-21 this is what it says, he was in the synagogue and this is what Luke 4:17-21 says: *The scroll of the prophet Isaiah was handed to him (to Jesus). Unrolling it, he found the place where it is written: "The Spirit of the Lord is on me, because he has anointed me to preach good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind to release the oppressed, to proclaim the year of the Lord's favor." Then he rolled up the scroll, gave it back to the attendant and sat down. The eyes of everyone in the synagogue were fastened on him, and he began by saying to them, "Today this scripture is fulfilled in your hearing."*

So basically what Jesus is saying is this Scripture is fulfilled in me today, because this is my mission statement, this is what I have come to do. And he has basically come to proclaim freedom for the prisoners. Did you catch that, recovery of site for the blind? You may be feeling blinded today spiritually, you may be feeling like, you know God isn't real, this Jesus. I don't see him in my life. But maybe it's not because he's not real, but maybe it's because there are some spiritual blindness in your life, there's some ice on your side view, so to speak. And when you go to look, when you come to God there's a barrier and you just can't see clearly. You can't hear from him today as well, maybe there's some sin in your life that you need to repent of and remove some of that barrier. Maybe you just need to come to God and ask for his healing and his touch.

Matthew 21:14 says: *The blind and the lame came to Jesus at the temple, and he healed them.* You know, I believe that Jesus still heals today. He still heals. And some people may think, aw, that was just in the Bible times, but no, I believe that he still does it today. Spiritually, emotionally, physically, I believe he has healed me in so many ways emotionally and spiritually. There was a time when I just felt like there was a block between me and God. I just, my prayers hit the ceiling, and I just felt like I was in a spiritual blindness so to speak. I felt like I couldn't see Him and I couldn't hear from Him. And I feel like he has begun to open up the ears of my heart. I can hear his voice, and I've begun to do some true age journaling. And I'm sensing what God is saying to me and I'm writing it down and I'm pouring out my heart, my emotions to God. And you know the Bible talks a lot about blindness, and about how God will bring us to be able to see; that He will heal that blindness. And I just want to share a few of those Scriptures with you today as encouragement.

Isaiah 29:18 says: *In that day the deaf will hear the words of the scroll, and out of gloom and darkness the eyes of the blind will see.* And, you know I was in that gloom and that darkness. And I feel like my eyes were blinded, but now I feel like God is opening my eyes to see. I still have a long way to go. But if you are in that gloom and that darkness today, I want to encourage you that God can bring you to a place where you can see.

Isaiah 35:5 says: *Then will the eyes of the blind be opened and the ears of the deaf unstopped.* Isaiah 42:6-7 says: *"I, the LORD, have called you in righteousness; I will take hold of your hand. I will keep you and will make you to be a covenant for the people and a light for the Gentiles, and then listen to this, verse 7 says: to open eyes that are blind, to free captives from prison and to release from the dungeon those who sit in darkness.* Wow.

And then finally I want to close with Isaiah 42:16, it says: *I will lead the blind by ways they have not known, along unfamiliar paths I will guide them; I will turn the darkness into light before them and make the rough places smooth. These are the things I will do; I will not forsake them.* So you may be walking along an unfamiliar path today, know that God will guide you. You may be walking in darkness today, but know that He can turn that darkness into light before you. You know in the Psalms it says He's a light unto our feet, a lamp unto our feet and a light unto our path. He can turn your darkness into light today, and make those rough places smooth. And He will not forsake us. That is His promise to us and I know it's hard and I know what it feels like to go through hard times. I've had some difficult days lately as my future looks a little bit uncertain,

and God what are you going to do? But he's telling me and He's reminding me that His promises stand true. That He wants me to trust Him. This year is about trust for me. As I launch out into more ministry and do things.

So I don't know where you are at right now, and I don't know what you're feeling, but I just want to encourage you that if you are getting onto the highway right now, and your side view mirror is blinded, it's got that ice on it, you just can't see, you don't know where you're going. I encourage you to pull off to the side of the road and get out your ice scraper, and come to God in prayer. Allow Him to remove that barrier, allow Him to come and forgive you of the things that you need forgiven of, that you would come and repent. Or that He would come and bring healing in your life where you need healing, or just encouragement where you need encouragement. He is real, He is here, and I encourage you in that today. This is Shelly Hitz from FindYourTrueBeauty.com, and if you need help in this, if you need encouragement, come to the website and click on e-mail me, and contact me, because we are here to help you. I pray that God blesses you richly today. This is all for now, bye bye.



Shelley Hitz is an ordinary person, just like you, with struggles and trials. And yet, God is doing extra-ordinary things through this "jar of clay." 2 Cor 4:7 says, *"We have this treasure in jars of clay to show that this all surpassing power is from God and not from us."*

Her heart is to help teen girls and women through her website, [www.FindYourTrueBeauty.com](http://www.FindYourTrueBeauty.com), that reaches thousands of people each month around the world with God's truth. She is also the author of the book, "Mirror Mirror...Am I Beautiful" and has co-authored a book with her husband CJ, "The Mathematics of Jesus, Making Sense of Life When Life Doesn't Seem to Add Up." Shelley's openness and vulnerability as she shares her own story of hope and healing will inspire and encourage you.

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